

# S T E A K   A T   T H E   M I T R E   T A V E R N

At the Mitre Tavern Steakhouse and Grill we offer you some of the best Australian grown and butchered beef.

## MSA

The MSA (Meat Standards Australia) grading of beef was introduced in Australia to provide discerning beef consumers with a consistent measure of beef quality. The grading takes into consideration several factors including marbling, meat colour and maturity, all of which are very important when considering the quality of your steak. The grading is broken up into three levels – three star MSA (tenderness guaranteed), four star (premium tenderness) and five star (supreme tenderness). At the Mitre all MSA graded steaks are five star.

## Grain-fed vs. Grass-fed Beef

All beef at the Mitre Tavern is grain-fed. We have chosen grain-fed over grass-fed as we believe that grain-fed offers better marbling and fat content which adds to the tenderness, as opposed to grass-fed which offers a leaner steak that can be more flavoursome, but tougher.

## Certified Australian Angus Beef (CAAB)

Long recognized as one of the best eating beefs, the Angus has been developed over 150 years to produce a wonderfully flavoured, supremely tender and delightfully juicy eating steak. CAAB complies with the MSA, but brings its own set of demanding standards to ensure that the restaurant patron can enjoy a spectacular steak, characterised by the excellent flavour and marbling that is associated with the Angus breed.

## Steak Cuts

At the Mitre we offer 5 different cuts of steak. All steaks are 'centre-cut' meaning they come from the centre of the loin and are consistent in shape and size, yet each cut has its own characteristics.

**EYE FILLET** – cut from the tenderloin, a muscle that runs from just over the shoulder blade to just above the hip on the carcass. This muscle does very little work, therefore making the eye fillet the tenderness of all steaks. It also has little or no fat making it very lean.

**RIB EYE** – cut from the ribcage just below the shoulder-blade. This cut still has the rib attached to the steak. This means that during cooking the juices from the bone are absorbed into the meat, making the rib eye the most succulent of the steaks we have on offer. A Scotch Fillet is effectively the same as the rib eye, but cut a little lower on the ribcage and without the bone.

**RUMP** – cut from the rump of the animal. It usually has little marbling and can be less tender than other cuts, but is the most flavoursome steak.

**PORTERHOUSE (Sirloin)** – cut from the striploin of the animal. The striploin is just below the tenderloin, and again, this muscle does very little work, meaning that it is very tender. The Porterhouse also has a delicious layer of fat along one side, making it a little juicier than some other cuts.

## Char-grilled Standards

All steaks at the Mitre are cooked on our massive char-grill. Special care is taken to not clean the grill too vigorously, giving the steaks a fantastic char flavour.

## Blue

Bought to room temperature and seared on both sides briefly – still mooing.

## Rare

Cooked on both sides, but very soft to the touch – bloody in the centre.

## Medium – Rare

Cooked on both sides with a thin strip of grey surrounding the centre of the steak.

## Medium

Cooked to feel slightly springy when touched – equal balance of grey and bloodiness.

## Medium – Well

Only the centre 5th will be bloody.

## Well Done

Slightly pink seam running through the centre of the steak – the rest completely grey.

We hope you enjoy your dining experience at the Mitre Tavern Steakhouse and Grill.



MITRE TAVERN STEAK & GRILL



## STARTERS

House made Terrine or Pate - please ask your waiter Served with char-grilled sourdough	\$9
Mediterranean Tartlet Vine ripened roma tomatoes, thinly sliced in a light puff pastry shell with chevre, fresh basil, drizzled with a herb oil	\$11
Lemon Scented Seared Scallops Served atop individual stacks of cauliflower puree and chorizo, drizzled with avocado oil	\$16
Char-Grilled Garlic and Chilli Calamari On a bed of mixed baby herbs, pickled vegetables, drizzled with romesco sauce	\$15
Char-Grilled Mixed Meat Skewers Served with three homemade sauces	\$12
Mitre Meat Tasting Plate for Two Selection of skewers – cevapcici, eye fillet and pork ribs with dipping sauces	\$28

## STEAKS FROM OUR CHARGRILL

### PREMIUM BEEF

Eye Fillet (200g)	\$29
Eye Fillet (300g)	\$37
Scotch Fillet (350g)	\$32
Porterhouse (350g)	\$32
Rib Eye (400g)	\$37

### BLACK ANGUS

Eye Fillet (250g)	\$47
Scotch Fillet (350g)	\$41
Rump (350g)	\$33
Porterhouse (400g)	\$45

## S A U C E S   A N D   S I D E S

### S I D E S

Steak Fries	\$6
Button Mushrooms and Fresh Herbs	\$6
Creamy Mash	\$6
Seasonal Greens	\$6
Kipfler Potatoes and Bacon	\$7
Garden Salad (for 2)	\$9
Onion Rings	\$6

### S A U C E S

Béarnaise
Field Mushroom
Tawny Port Jus
Creamy Triple Pepper
Roquefort.

### B U T T E R S

Lemon and Parsley
Tarragon and Garlic
Cafe de Paris

## M A I N S

Trio of Sausages	\$25
Set upon mash with onion marmalade and port jus	
Bank Place Pork Spareribs	\$32
Asian style barbeque sauce, with a side of steak fries	
Fish of the Day	
See waiter – not available on Monday	
Char-grilled Free Range Chicken Breast	\$26
Stuffed with gruyere , toasted pinenuts and semi-dried tomatoes on a bed of kipfler potatoes.	
Mitre Mixed Grill	\$39
Fillet steak, lamb chop, cumberland sausage, 2 eggs, bacon, black pudding, mushrooms, roma tomato, house hash brown and onion rings. Served with HP sauce.	

# DRINKS

## SPARKLING

Rothbury Estate Cuvee	Victorian Regional	6	21
Yellowglen Vintage Pinot Chard, '08	South Australian Varietal	9	42
Le Petites Vignette Pinot Chard NV	Burgundy, France	12	55

## WHITE

Rothbury Estate Chardonnay	Victorian Regional	6	21
Rothbury Estate Sem/Sauv Blanc	Victorian Regional	6	21
Matua Valley Hawkes Bay Sauv Blanc	Hawke's Bay, New Zealand	8.5	39
Dal Zotto Riesling	King Valley, Victoria	8	39
Gabbiano Pinot Grigio	Delle Venezie, Italy	8	39

## RED

Rothbury Estate Cab/Merlot	Victorian Regional	6	21
Pitchfork Estate Cab/Merlot	Margaret River, WA	9	43
Pepperjack Cab/Sauv	Barossa, SA	10	49
Mt Monster Shiraz	Limestone Coast, SA	7	39
Koonunga Hill '76 Shiraz/Cab	Coonawarra, SA	8.5	39
Grant Burge Shiraz	Barossa, SA	11	49
Bin 138 Old Vine Barossa Valley GSM	Barossa, SA	11	49
Secret Stone Pinot Noir	Marlborough, New Zealand	9	42
Bin 28 Kalimna Shiraz	Barossa, SA	12	55

## BOTTLED BEER

Australian			
Victoria Bitter	Abbotsford, Vic	6	
Crown Lager	Abbotsford, Vic	8	
Pure Blonde	Abbotsford, Vic	7	
Coopers Sparkling	Regency Park, SA	7.5	
Boags Premium	Launceston, Tas	8	
Cascade Premium	Hobart, Tas	8	
Little Creatures Pale Ale	Fremantle, WA	8.5	
Little Creatures Bright Ale	Fremantle WA	8.5	
Cascade Premium Light	Hobart, Tas	4.9	
Moo Brew Hefeweizen	Tas	11	
Moo Brew Pale Ale	Tas	11	

## IMPORTED

Corona	Mexico	8.5
Peroni	Italy	8.5
Heineken	Holland	8
Carlsberg	Denmark	8.5
Becks	Germany	8
Leffe Blonde	Belgium	9.5
Shofferhofer	Germany	9.9
Hoegarden	Belgium	9
Asahi	Japan	9

## CIDER

Mercury Sweet	Hobart, Tas	7
Mercury Draught	Hobart, Tas	7
Mercury Dry	Hobart, Tas	7
5 Seeds Extra Dry Cider	NZ	7.5
Mercury Artisan	Hobart, Tas	8.5
2 Brothers Pear Cider	Moorabin, Vic	8.5
Montheiths Apple Cider	NZ	8.5
Bulmers Cider	Ireland	Pot 4.5 Pint 8.5

## DRAUGHT BEERS

		285ml	330ml	570ml
Carlton Draught	Abbotsford, Vic	3.9	-	7.7
Pure Blonde	Abbotsford, Vic	4.4	-	8.7
Guinness	Ireland	4.2	-	8.4
Coopers Pale Ale	Regency Park, SA	4.5	-	8.8
Bulmers Cider	Ireland	4.5	-	8.6
Mountain Goat Hightail Ale	Richmond, Vic	4.5	-	8.8
Cascade Premium Light	Hobart, Tas	3.7		7
Kronenbourg 1664	France	5	-	9.5
Stella Artois	France	-	6	9.5
Asahi	Japan	-	8	13
Bluetongue Pilsner	Hunter Valley	-	5	8.9
Fat Yak	Matilda Bay, WA	-	7.5	9.5
Big Helga	Matilda Bay, WA	4.9	-	9.5

# WINE BY THE BOTTLE

## SPARKLING

Rothbury Estate Cuvee	Victorian Regional	21
Yellowglen Vintage Pinot Chard, 2008	South Australian Varietal	42
Seppelt Sparkling Shiraz, NV	Grampians, Victoria	49
Yarra Burn Pinot Chard, 2006	Yarra Valley, Victoria	55
Le Petites Vignette Pinot Chard NV	Burgundy, France	55
Veuve Clicquot, NV	Champagne, France	110
Moet & Chandon, NV	Champagne, France	125

## WHITE

Dal Zotto Riesling, 2008	King Valley, Victoria	39
O'Leary Walker 'Polish Hill River' Riesling, 2009	Clare Valley, SA	50
Gabbiano Pinot Grigio, 2007	Delle Venezie, Italy	39
Mount Langi Ghiran Bili Bili Pinot Grigio, 2008	Grampians, Victoria	39
Tim Adams Pinot Gris, 2008	Clare Valley, SA	40
T'Gallant 'Imogen' Pinot Gris, 2007	Mornington, Victoria	44
Rothbury Estate Sem/Sauv Blanc	Victorian Regional	21
Matua Valley Hawkes Bay Sauv Blanc, 2009	Hawke's Bay, New Zealand	39
Secret Stone Sauvignon Blanc, 2008	Marlborough, New Zealand	42
Catalina Sounds Sauvignon Blanc, 2009	Marlborough, New Zealand	43
Babich 'Black Label' Sauvignon Blanc, 2008	Marlborough, New Zealand	43
Les Petites Vignette Sauvignon Blanc, 2009	Burgundy, France	45
Giesen Sauvignon Blanc, 2008	Marlborough, New Zealand	45
Shingle Peak Sauvignon Blanc, 2007	Marlborough, New Zealand	46
Shaw & Smith Sauvignon Blanc, 2008	Adelaide Hills, SA	54
Pierro 'LTC' Semillon/Sauvignon Blanc, 2008	Margaret River, WA	65
Rothbury Estate Chardonnay	Victorian Regional	21
Ingoldby Chardonnay, 2007	Mclaren Vale, SA	39
Devils Lair 5th Leg Chardonnay 2007	Margaret River, WA	40
Coldstream Hills Chardonnay, 2007	Yarra Valley, Victoria	55
Petaluma Chardonnay, 2006	Adelaide Hills, SA	79

## R E D

Secret Stone Pinot Noir, 2008	Marlborough, New Zealand	42
Punt Road Pinot Noir, 2007	Yarra Valley, Victoria	45
Stonier Pinot Noir, 2008	Mornington, Victoria	49
Scotchman's Hill Pinot Noir, 2008	Bellarine Peninsula, Victoria	55
St Huberts 'Stag' Pinot Noir, 2008	Yarra Valley, Victoria	
Hewitson 'Miss Harry' G/S/M, 2007	Barossa, SA	45
Penfolds Bin 138 Old Vine Barossa Valley GSM	Barossa, SA	49
Ingoldby Shiraz, 2008	Mclaren Vale, SA	36
Mt Monster Shiraz	Limestone Coast, SA	39
Koonunga Hill '76 Shiraz/Cab, 2007	Coonawarra, SA	39
Shadowfax Shiraz, 2007	Werribee, Victoria	40
Penfolds 'Thomas Hyland' Shiraz, 2007	Adelaide Hills, SA	45
O'Leary Walker Shiraz, 2007	Clare Valley, SA	46
Bobbie Burns Shiraz, 2008	Rutherglen, Victoria	47
Mt Langi Ghiran 'Cliff Edge' Shiraz, 2005	Grampians, Victoria	48
Grant Burge Barossa Miamba Shiraz 2007	Barossa, SA	49
Pepperjack Shiraz, 2008	Barossa, SA	49
Best's Bin 1 Shiraz, 2007	Grampians, Victoria	50
Scotchman's Hill Shiraz, 2007	Bellarine Peninsula, Victoria	51
Penfolds Bin 28 Kalimna Shiraz	Barossa, SA	55
Henschke 'Henry's Seven', 2007	Eden Valley, SA	59
Penfolds Bin 128 Shiraz, 2007	Coonawarra, SA	65
Mt Langi Ghiran Shiraz, 2006	Grampians, Victoria	95
O'Leary Walker Claire Reserve Shiraz, 2005	Clare Valley, SA	135
Songlines Shiraz, 2005	Mclaren Vale, SA	140
Penfolds RWT Shiraz, 2001	Barossa, SA	340
Penfolds RWT Shiraz, 2002	Barossa, SA	360
Penfolds RWT Shiraz, 2006	Barossa, SA	290

Rothbury Estate Cabernet/Merlot	Victorian Regional	21
Pikes 'The Dogwalk' Cabernet/Merlot, 2006	Clare Valley, SA	40
Cartwheels Cabernet Sauvignon, 2007	Margaret River, WA	42
Pitchfork Cabernet Merlot, 2007	Margaret River, WA	43
Penfold's 'Thomas Hyland' Cabernet Sauvignon, 2006	Adelaide Hills, SA	45
Pepperjack Cab/Sauv, 2008	Barossa, SA	49
Punt Road Cabernet Sauvignon, 2006	Yarra Valley, Victoria	49
St Huberts Cabernet Merlot, 2006	Yarra Valley, Victoria	55
Wynn's Coonawarra Black Label Cab/Sauv, 2007	Coonawarra, SA	70
Devil's Lair Cabernet/Merlot, 2005	Margaret River, WA	95
Cullen 'Diana Madeline' Cabernet/Merlot, 2005	Margaret River, WA	135
Penfolds Bin 707 Cabernet Sauvignon, 2005	Barossa, SA	200
Penfolds Bin 707 Cabernet Sauvignon, 2006	Barossa, SA	240

#### DESSERT WINES

De Bortoli Noble One, 2006	45
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#### FORTIFIED WINES - (60ml unless stated)

Mr Pickwick's Tawny Port, NV	8
Penfold's Grandfather Fine Old Liqueur Port, NV	18
Campbells Liquid Gold Classic Tokay, NV	9
Campbells Classic Muscat, NV	9

#### S I N G L E M A L T W H I S K Y ( 3 0 M L )

Glenlivet 12	Speyside	9
Tamdhu	Speyside	9
Tallisker 10	Isle of Skye	10
Highland Park 12	Orkney Islands	10
Laphroaig 10	Islay	12
Glenmorangie	Highland	12
Macallan 12	Speyside	12
Lagavulin 16	Islay	13

#### B L E N D E D W H I S K E Y S ( 3 0 M L )

Black Douglas	Scotland	7
Johnnie Walker Red	Scotland	7.5
Canadian Club	Canada	8
Johnnie Walker Black	Scotland	8.5
J&B Rare	Scotland	8
Chivas Regal	Scotland	8.5
Johnny Walker Green	Scotland	12
Johnnie Walker Gold	Scotland	18
Johnnie Walker Blue	Scotland	35

#### B O U R B O N ( 3 0 M L )

Cougar	Lawrenceburg, USA	7
Jim Beam White	Kentucky, USA	7
Jack Daniels	Tennessee, USA	8
Jim Beam Small Batch	Kentucky, USA	9
Wild Turkey	Kentucky, USA	8.5
Makers Mark	Kentucky, USA	8.5
Bakers	Kentucky, USA	10

#### I R I S H W H I S K E Y ( 3 0 M L )

Jameson 12	County Dublin	8
Tullamore Dew	County Offaly	8
Bushmills	County Antrim	9

## R U M ( 3 0 M L )

Bacardi White	Puerto Rico	7
Bundaberg UP	Bundaberg, Qld	7
Coruba	Jamaica	7.5
Appletons VX	Jamaica	8
Havana Club	Cuba	8
Mt. Gay	Barbados	8
Bacardi 151	Puerto Rico/San Juan	14

## V O D K A ( 3 0 M L )

Skyy	California, USA	7
Smirnoff	Russia	7
Absolut Vodka	Sweden	8
Absolut Citron	Sweden	8
Absolut Vanilia	Sweden	8
Absolut Kurant	Sweden	8
Zubrowka	Poland	9
42 Below Original	New Zealand	8.5
42 Below Passionfruit	New Zealand	8.5
42 Below Feijoa	New Zealand	8.5
42 Below Honey	New Zealand	8.5
Belvedere	Poland	11
Grey Goose	France	12

## G I N ( 3 0 M L )

Gordons	London, England	7
Bombay Sapphire	London, England	8.5
Tanqueray	London, England	8.5
Hendricks	Ayrshire, Scotland	10
Tanq 10	London, England	14
Martin Millers	London, England	13

## T E Q U I L A ( 3 0 M L )

Jose Cuervo Especial	Mexico	8
1800 Anejo	Mexico	12
Porfidio	Mexico	16

## B R A N D Y / C O G N A C ( 3 0 M L )

Chatelle Napoleon VSOP	France	7
Remy Martin XO	France	30
Hennessy VSOP	France	10
Hennessy Paradis	France	45